



Michelle E. Lockwood is a Positive Behavioral Support Specialist with the New Jersey Coalition for Inclusive Education (NJCIE). She has her masters in counseling psychology from Loyola College with a focus on cognitive behavioral therapy for children and adolescents. Prior to joining NJCIE, Michelle was also employed with the Howard County Public School System in Maryland for over 10 years as a Countywide Behavior Specialist. Michelle possesses extensive experience in using the principals of Positive Behavioral Support to facilitate the successful inclusion of students with disabilities. She has taught school teams how to improve student behavior through the use of the Functional Behavior Assessment process in creating individualized student Behavior Intervention Plans at the elementary, middle, and high school levels.

As a mental health therapist with Johns Hopkins Bayview Medical Center, Michelle created treatment plans to teach clients the behavioral and social skills necessary for them to continue receiving their education in public school settings. She also oversaw an inclusive social skills program for students with autism spectrum disorders and created the program's social skills curriculum.

Michelle is a certified instructor of The Crisis Prevention Institute's Nonviolent Crisis Intervention Program, as well as is a 5 time recipient of the HCPSS Special Education Citizens Advisory Committee's appreciation award.

Services Offered by Michelle Lockwood through NJCIE include:

- Conducting student observations for the purpose of developing behavior interventions
- Leading Functional Behavior Assessments (FBAs) of individual student behaviors and developing Behavior Intervention Plans based on the FBA
- Facilitating collaboration among team members during the FBA process as well as throughout the creation and implementation of Behavior Intervention Plans
- Providing on-site coaching and modeling of recommended behavior intervention strategies
- Creating visual supports (social stories, visual schedules, and other items) for use with students
- Delivering a variety of professional development activities to staff as well as administration and child study team members, including crisis intervention strategies that support inclusive educational programming in a safe school environment

Michelle Lockwood has conducted professional development activities regarding a multitude of topics, including the following:

- "Best Practices in Conducting Functional Behavior Assessments and Writing Behavior Intervention Plans"
- "Using a Behavior Intervention Plan" (for new teacher orientation)
- "Avoiding and Escaping Power Struggles"
- "An Overview of Positive Behavioral Support"
- "Connecting Positive Behavioral Support with Functional Behavior Assessments and Behavior Intervention Plans"
- "Positive Behavioral Support in Effective Classroom Management"
- "Nonviolent Crisis Intervention from the Crisis Prevention Institute"
- "Using Restraint, Seclusion, and Exclusion Effectively and Legally"
- "Using Visual Supports to Increase Communication"
- "Essential Elements of Visual Supports"
- "Facilitating Friendships Using Circle of Friends"
- "Using and Creating Visual Supports"
- "Writing Social Stories"
- "Verbal De-Escalation Techniques"
- "Reflecting Sensory in Functional Behavior Assessments and Behavior Intervention Plans" (for Occupational Therapists)
- "Using the Baskets—An Adaptation of Ross Greene's Collaborative Problem Solving Model"
- "Tools for Transitioning to the Least Restrictive Environment"
- "Characteristics of and Intervention Strategies for Students with Autism Spectrum Disorders"
- "An Introduction to Autism Spectrum Disorders" (disability awareness activities for secondary students)
- "Characteristics of and Intervention Strategies for Students with Attention Deficit/Hyperactivity Disorder"
- "Characteristics of and Intervention Strategies for Students with Asperger's Syndrome"
- "Characteristics of and Intervention Strategies for Students with Inflexible Behaviors"
- "Characteristics of and Intervention Strategies for Students with Oppositional Behaviors"
- "Characteristics of and Intervention Strategies for Students with Developmental Disabilities"
- "Characteristics of and Intervention Strategies for Students with Mental Retardation"
- "Person-Centered Planning Tools—Making Action Plans (MAPs) and Planning Alternative Tomorrows with Hope (PATH)"
- "The Alert Program for Self-Regulation"
- "Collecting and Analyzing ABC Data"
- "Processing and Debriefing After a Crisis"